

ALL T.K.D POOMSAE (FORM) DIVISIONS

DIVISION #	AGE CLASS	SEX	BELT DIVISION
P-1	5 & UNDER	ALL	White/Yellow/Orange
P-2	5 & UNDER	ALL	Purple/Green/Blue
P-3	5 & UNDER	ALL	Brown/Red/Black
P-4	6-7	ALL	White/Yellow/Orange
P-5	6-7	ALL	Purple/Green/Blue
P-6	6-7	ALL	Brown/Red/Black
P-7	8-9	ALL	White/Yellow/Orange
P-8	8-9	ALL	Purple/Green/Blue
P-9	8-9	ALL	Brown/Red
P-10	10-11	ALL	White/Yellow/Orange
P-11	10-11	ALL	Purple/Green/Blue
P-12	10-11	ALL	Brown/Red
P-13	12-14	MALE	White/Yellow/Orange
P-14	12-14	MALE	Purple/Green/Blue
P-15	12-14	MALE	Brown/Red
P-16	12-14	FEMALE	White/Yellow/Orange
P-17	12-14	FEMALE	Purple/Green/Blue
P-18	12-14	FEMALE	Brown/Red
P-19	15-17	MALE	White/Yellow/Orange
P-20	15-17	MALE	Purple/Green/Blue
P-21	15-17	MALE	Brown/Red
P-22	15-17	FEMALE	White/Yellow/Orange
P-23	15-17	FEMALE	Purple/Green/Blue
P-24	15-17	FEMALE	Brown/Red
P-25	18-30	MALE	White/Yellow/Orange
P-26	18-30	MALE	Purple/Green/Blue
P-27	18-30	MALE	Brown/Red
P-28	18-30	FEMALE	White/Yellow/Orange
P-29	18-30	FEMALE	Purple/Green/Blue
P-30	18-30	FEMALE	Brown/Red
P-31	31 & OVER	MALE	White/Yellow/Orange
P-32	31 & OVER	MALE	Purple/Green/Blue
P-33	31 & OVER	MALE	Brown/Red
P-34	31 & OVER	FEMALE	White/Yellow/Orange
P-35	31 & OVER	FEMALE	Purple/Green/Blue
P-36	31 & OVER	FEMALE	Brown/Red

BLACK BELT WORLD CLASS POOMSAE

DIVISION #	AGE CLASS	SEX	BELT DIVISION
WP-1	8-9	ALL	Dragon
WP-2	10-11	ALL	Youth
WP-3	12-14	MALE	Cadet
WP-4	12-14	FEMALE	Cadet
WP-5	15-17	MALE	Junior
WP-6	15-17	FEMALE	Junior
WP-7	18-30	MALE	1st Senior
WP-8	18-30	FEMALE	1st Senior
WP-9	31-40	MALE	2nd senior
WP-10	31-40	FEMALE	2nd senior
WP-11	41-50	MALE	1st Master
WP-12	41-50	FEMALE	1st Master
WP-13	51-60	MALE	2nd Master
WP-14	51-60	FEMALE	2nd Master
WP-15	61 and Over	MALE	3rd Master
WP-16	61 and Over	FEMALE	3rd Master

KYOROOGI(OLYMPIC STYLE SPARRING) DIVISIONS

DIVISION #	AGE CLASS	SEX	BELT DIVISION
K-1	5 & UNDER	ALL	White/Yellow/Orange
K-2	5 & UNDER	ALL	Purple/Green/Blue
K-3	5 & UNDER	ALL	Brown/Red/Black
K-4	6-7	ALL	White/Yellow/Orange
K-5	6-7	ALL	Purple/Green/Blue
K-6	6-7	ALL	Brown/Red/Black
K-7	8-9	MALE	White/Yellow/Orange
K-8	8-9	MALE	Purple/Green/Blue

K-9	8-9	MALE	Brown/Red
K-10	8-9	MALE	Black Belt
K-11	8-9	FEMALE	White/Yellow/Orange
K-12	8-9	FEMALE	Purple/Green/Blue
K-13	8-9	FEMALE	Brown/Red
K-14	8-9	FEMALE	Black Belt
K-15	10-11	MALE	White/Yellow/Orange
K-16	10-11	MALE	Purple/Green/Blue
K-17	10-11	MALE	Brown/Red
K-18	10-11	MALE	Black Belt
K-19	10-11	FEMALE	White/Yellow/Orange
K-20	10-11	FEMALE	Purple/Green/Blue
K-21	10-11	FEMALE	Brown/Red
K-22	10-11	FEMALE	Black Belt
K-23	12-14	MALE	White/Yellow/Orange
K-24	12-14	MALE	Purple/Green/Blue
K-25	12-14	MALE	Brown/Red
K-26	12-14	FEMALE	White/Yellow/Orange
K-27	12-14	FEMALE	Purple/Green/Blue
K-28	12-14	FEMALE	Brown/Red
K-29	15-17	MALE	White/Yellow/Orange
K-30	15-17	MALE	Purple/Green/Blue
K-31	15-17	MALE	Brown/Red
K-32	15-17	FEMALE	White/Yellow/Orange
K-33	15-17	FEMALE	Purple/Green/Blue
K-34	15-17	FEMALE	Brown/Red
K-35	18-32	MALE	White/Yellow/Orange
K-36	18-32	MALE	Purple/Green/Blue
K-37	18-32	MALE	Brown/Red
K-38	18-32	FEMALE	White/Yellow/Orange
K-39	18-32	FEMALE	Purple/Green/Blue
K-40	18-32	FEMALE	Brown/Red
K-41	33 & OVER	MALE	White/Yellow/Orange
K-42	33 & OVER	MALE	Purple/Green/Blue
K-43	33 & OVER	MALE	Brown/Red
K-44	33 & OVER	FEMALE	White/Yellow/Orange
K-45	33 & OVER	FEMALE	Purple/Green/Blue
K-46	33 & OVER	FEMALE	Brown/Red

****OPEN POOMSAE (ALL OTHER STYLES FORMS)**

DIVISION #	AGE CLASS	SEX	BELT DIVISION
O-1	7 & UNDER	ALL	White/Yellow/Orange
O-2	7 & UNDER	ALL	Purple/Green/Blue
O-3	7 & UNDER	ALL	Brown/Red/Black
O-4	8-10	ALL	White/Yellow/Orange
O-5	8-10	ALL	Purple/Green/Blue
O-6	8-10	ALL	Brown/Red
O-7	8-10	ALL	Black Belt
O-8	11-13	ALL	White/Yellow/Orange
O-9	11-13	ALL	Purple/Green/Blue
O-10	11-13	ALL	Brown/Red
O-11	11-13	ALL	Black Belt
O-12	14-17	MALE	White/Yellow/Orange
O-13	14-17	MALE	Purple/Green/Blue
O-14	14-17	MALE	Brown/Red
O-15	14-17	MALE	Black Belt
O-16	14-17	FEMALE	White/Yellow/Orange
O-17	14-17	FEMALE	Purple/Green/Blue
O-18	14-17	FEMALE	Brown/Red
O-19	14-17	FEMALE	Black Belt
O-20	18 & OVER	MALE	White/Yellow/Orange
O-21	18 & OVER	MALE	Purple/Green/Blue
O-22	18 & OVER	MALE	Brown/Red
O-23	18 & OVER	MALE	Black Belt
O-24	18 & OVER	FEMALE	White/Yellow/Orange
O-25	18 & OVER	FEMALE	Purple/Green/Blue
O-26	18 & OVER	FEMALE	Brown/Red
O-27	18 & OVER	FEMALE	Black Belt

3 DIRECTION BREAKING

****ALL STYLE WEAPONS POOMSAE (FORMS)**

DIVISION #	AGE CLASS	SEX	BELT DIVISION
W-1	7 & UNDER	ALL	White/Yellow/Orange
W-2	7 & UNDER	ALL	Purple/Green/Blue
W-3	7 & UNDER	ALL	Brown/Red/Black
W-4	8-10	ALL	White/Yellow/Orange
W-5	8-10	ALL	Purple/Green/Blue
W-6	8-10	ALL	Brown/Red
W-7	8-10	ALL	Black Belt
W-8	11-13	ALL	White/Yellow/Orange
W-9	11-13	ALL	Purple/Green/Blue
W-10	11-13	ALL	Brown/Red
W-11	11-13	ALL	Black Belt
W-12	14-17	MALE	White/Yellow/Orange
W-13	14-17	MALE	Purple/Green/Blue
W-14	14-17	MALE	Brown/Red
W-15	14-17	MALE	Black Belt
W-16	14-17	FEMALE	White/Yellow/Orange
W-17	14-17	FEMALE	Purple/Green/Blue
W-18	14-17	FEMALE	Brown/Red
W-19	14-17	FEMALE	Black Belt
W-20	18 & OVER	MALE	White/Yellow/Orange
W-21	18 & OVER	MALE	Purple/Green/Blue
W-22	18 & OVER	MALE	Brown/Red
W-23	18 & OVER	MALE	Black Belt
W-24	18 & OVER	FEMALE	White/Yellow/Orange
W-25	18 & OVER	FEMALE	Purple/Green/Blue
W-26	18 & OVER	FEMALE	Brown/Red
W-27	18 & OVER	FEMALE	Black Belt

****SYNCHRONIZED POOMSAE**

DIVISION NO.	AGE CLASS	SEX	BELT DIVISION
S-1	ALL	ALL	Color Belts
S-2	ALL	ALL	Black Belts

BLACK BELT 12-14 YEARS OLD-WORLD CLASS SPARRING

DIVISION NO.	AGE CLASS	SEX	BELT DIVISION
WK-1	12-14	MALE	Black Belts
WK-2	12-14	FEMALE	Black Belts

BLACK BELT 15-17 YEARS OLD-WORLD CLASS SPARRING

DIVISION NO.	AGE CLASS	SEX	BELT DIVISION
WK-3	15-17 (Fly)	FEMALE	Black Belt 97.0 lbs & under
WK-4	15-17 (Feather)	FEMALE	Black Belt 97.1-108.0 lbs
WK-5	15-17 (Welter)	FEMALE	Black Belt 108.1-121.2 lbs
WK-6	15-17 (Middle)	FEMALE	Black Belt 121.3-138.8 lbs
WK-7	15-17 (Heavy)	FEMALE	Black Belt 138.9 lbs & over
WK-8	15-17 (Fly)	MALE	Black Belt 105.8 lbs & under
WK-9	15-17 (Feather)	MALE	Black Belt 105.9-121.2 lbs
WK-10	15-17 (Welter)	MALE	Black Belt 121.3-138.8 lbs
WK-11	15-17 (Middle)	MALE	Black Belt 138.9-160.9 lbs
WK-12	15-17 (Heavy)	MALE	Black Belt 161.0 lbs & over
WK-13	18-32 (Fly)	FEMALE	Black Belt 108.0 lbs & under
WK-14	18-32 (Feather)	FEMALE	Black Belt 108.1-125.6 lbs
WK-15	18-32 (Welter)	FEMALE	Black Belt 125.7-147.7 lbs
WK-16	18-32 (Heavy)	FEMALE	Black Belt 147.8 lbs & over
WK-17	18-32 (Fly)	MALE	Black Belt 127.9 lbs & under
WK-18	18-32 (Feather)	MALE	Black Belt 128.0-149.9 lbs
WK-19	18-32 (Welter)	MALE	Black Belt 150-176.3 lbs
WK-20	18-32 (Heavy)	MALE	Black Belt 176.4 lbs & over
WK-21	33 & UP	MALE	Black Belts
WK-22	33 & UP	FEMALE	Black Belts

DIV#	AGE	SEX	BELT DIVISION
DB-1	7 & Under	All	White/Yellow/Orange
DB-2	7 & Under	All	Purple/Green/Blue
DB-3	7 & Under	All	Brown/Red
DB-4	7 & Under	All	Black Belt
DB-5	8-11	All	White/Yellow/Orange
DB-6	8-11	All	Purple/Green/Blue
DB-7	8-11	All	Brown/Red
DB-8	8-11	All	Black Belt
DB-9	12-14	All	White/Yellow/Orange
DB-10	12-14	All	Purple/Green/Blue
DB-11	12-14	All	Brown/Red
DB-12	12-14	All	Black Belt
DB-13	15 & Over	All	White/Yellow/Orange
DB-14	15 & Over	All	Purple/Green/Blue
DB-15	15 & Over	All	Brown/Red
DB-16	15 & Over	All	Black Belt

POWER HAND BREAKING

HB-1	7 & Under	All	White/Yellow/Orange
HB-2	7 & Under	All	Purple/Green/Blue
HB-3	7 & Under	All	Brown/Red
HB-4	7 & Under	All	Black Belt
HB-5	8-11	All	White/Yellow/Orange
HB-6	8-11	All	Purple/Green/Blue
HB-7	8-11	All	Brown/Red
HB-8	8-11	All	Black Belt
HB-9	12-14	All	White/Yellow/Orange
HB-10	12-14	All	Purple/Green/Blue
HB-11	12-14	All	Brown/Red
HB-12	12-14	All	Black Belt
HB-13	15 & Over	All	White/Yellow/Orange
HB-14	15 & Over	All	Purple/Green/Blue
HB-15	15 & Over	All	Brown/Red
HB-16	15 & Over	All	Black Belt

KYOROOGI(SPARRING) WEIGHT DIVISION

BLACK BELT ADULTS 18 Years & Over WORLD CLASS

Female		Male	
Fly	108.0 lbs & Under	Fly	127.9 lbs & Under
Feather	108.1-125.6 lbs	Feather	128.0-149.9 lbs
Welter	125.7-147.7 lbs	Welter	150.0-176.3 lbs
Heavy	147.8 lbs & Over	Heavy	176.4 lbs & Over

BLACK BELT 15-17 Years Old WORLD CLASS

Female		Male	
Fly	97.0 lbs & Under	Fly	105.8 lbs & Under
Feather	97.1-108.0 lbs	Feather	105.9-121.2 lbs
Welter	108.1-121.2 lbs	Welter	121.3-138.9 lbs
Middle	121.3-138.8 lbs	Middle	139-160.9 lbs
Heavy	138.9 lbs & Over	Heavy	161 lbs & Over

BLACK BELT 12-14 YEARS OLD

Female		Male	
LT	90.4 lbs & under	LT	99.2 lbs & under
MD	0.5-112.4 lbs	MD	99.3-125.7 lbs
HVY	112.5 lbs & over	HVY	125.8 lbs & over

IMPORTANT NOTE: WORLD CLASS SPARRING DIVISION

Junior Safety Rule will be applied to Black Belt 8-14 & 33 and Over Years Division. However, Full Contact Rule will be applied to Black Belt 15-17 & 18-32 Only

**** If using music must provide own boom box**